# TIPS FOR PARENTS

Avoid calling boosters "baby seats". Boosters help big kids use seat belts like adults do. Many children find boosters to be comfortable and help them see outside the vehicle.

- \* Always follow booster seat and vehicle instructions.
- \* Let your child help pick out his or her booster.
- ★ Teach your child to buckle up and to pull up on the shoulder belt to make the lap part tight.
- Make sure the shoulder belt is snug across the chest and rests flat on the center of the shoulder. If should not be too far in front of the shoulder or too far to the side.
- If your child falls asleep in his booster, try to keep him or her upright. If a child leans forward, the shoulder belt will be too loose. A high back booster with a slightly reclined back and deep side-wings may help keep a sleeping child in a safe seated position.
- ★ If you have a wiggly toddler who has reached 40 pounds before age 3 or 4, he may be too young to sit still in a booster. Be firm whenever he plays with the belts or tries to get out. He may need to use a car seat or harness for children over 40 pounds.
- ★ Be sure the vehicle seat belt fits properly before allowing your child to stop using a booster. The seat belt may fit your child in one vehicle but not another. Booster seats prevent injuries from seat belts that do not fit right.

If you have questions about

child passenger safety seats or booster seats call:

**Madison County Health Department** 

859-626-4251

Certified Child Passenger Safety Technician

Installations by appointment.



To schedule an appointment with a Certified Child Passenger Safety Technician MADISON COUNTY HEALTH DEPARTMENT

859-626-4251

For More Information

On Child Passenger Safety and Car Seats

Check out these web sites:

Visit the NHTSA Website at WWW.NHTSA.GOV SAFE KIDS USA WWW.SAFEKIDS.ORG

MADISON COUNTY HEALTH DEPARTMENT





Be a Children's Champion

# KENTUCKY'S BOOSTER SEAT LAW



SAFE COMMUNIT

## THE LAW

Children under 7 years of age

#### and

shorter than 50 inches must be restrained in a booster seat. VIOLATORS WILL BE FINED \$30.00. The National Highway Traffic Safety Administration recommends children use boosters until they are 4 ft. 9 in.

# TAKE THE 5-STEP SEAT BELT TEST

My child is over 7 years old -

is he big enough for just a seat belt?

Not unless he or she can do ALL these things:

- Sit straight against the vehicle seat back? \*
- Bend legs naturally at the edge of the vehicle \* seat with feet touching the floor?
- Sit comfortable without slouching for the \* entire ride?
- Keep lap belt down on the hips, touching the \* thighs?
- Sit with shoulder belt on the center of the \* shoulder (if the child's seating position has a shoulder belt)?

If you answer "no" to any of these, your child is not big enough to use just a seat belt.

# WHY WE USE **BOOSTER SEATS**

Seat belts alone are not designed for children. Beginning at around age 4, many children are too large for toddler seats but too small for adult belts. A booster seat raises your child up so that the belt fits right—and can better protect your child. The shoulder belt should cross the child's chest and rest snugly on the shoulder, and the lap belt should rest low across the pelvis or hip area-never across the stomach area



## TYPES OF BOOSTER SEATS

High-Back Belt-Positioning

## **Boosters Seats**

Two types of high-back belt-positioning booster seats are available. Both types "boost" your child up so the vehicle safety belt first better.

One type provides head and neck support for your child if your vehicle seat back does not have a head rest. It must be used with the vehicle's lap/shoulder belt, never with the lap belt only.

## **No-Back Belt-Positioning**

## **Booster Seat**

This type also "boosts" your child up so the vehicle safety belt fits better. This booster seat is used with a lap/shoulder belt. It should only be used in vehicles with built-in head rests.

> THE REAR SEAT **IS SAFER FOR CHILDREN UNDER 13 YEARS OLD.**

> > SAFETY BELT

BOOSTER